

# Vaastu Shastra

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Shastra means knowledge of the scriptures. Vaastu is to do with directions of the house. The sanskrit word vaas means to live. This is therefore dealing with your residence. It also applies to your office or business premises. In a way, it is the astral science of housing construction.

The Earth is surrounded by energy bands and Electro magnetic fields. So, the place where we spend most of our time, that is-home, or office will definitely influence your system too. Our houses also acquire certain negative and positive energies, by virtue of being constantly exposed to electromagnetic fields. When we build our own house, we can follow the rules and recommendations of Vaastu Shastra, and fulfill all the requirements. But when we live in rented houses, you have no choice. In both cases, the configuration of the house will affect you. Of course, in a rented house, you have the option of leaving it whenever you choose to. But your own house is your dream of a lifetime. You spend so much of time and money in it, because it is your own home. Unknowingly, you may construct your house with all sorts of negative energies, and may thereafter encounter problems for the rest of your life. Even when looking for a house on rent, you must check out the Vaastu of the house. There are some basic Vaastu principles, which can be generally applied by everybody.

### VAASTU COSMIC ENERGIES

Place the compass at the center of the house, office or business premises and align the north point of needle to the red marking. Now you mark the quadrants or the cardinal points, namely, -North, -South, -East, and -West. This done, you can note the cardinal division of rooms and directions of the premises. The four sectors would then be-Northeast, Southeast, Southwest and Northwest. The best direction for the entrance of the premises is northeast. This is, because northeast is considered to be the direction of BRAHMA, the God. Astrologically, northeast is the direction of the greatest benefic planet Jupiter. Therefore this is the direction of wealth and prosperity. All positive currents flow from this direction. There should always be an opening here. No heavy weights electrical appliances or machinery should be kept in this quadrant. Keep it generally open and airy. It's a good idea to have some water here. An aquarium, a tank, or a pool of water would be ideal here. This area is to be kept spacey.

Northwest is the direction of KUBER, lord of wealth. This is the quadrant where the money, jewelry, wealth etc. should be kept. Your financial position will become better if you keep your money in the northwest sector. This is the second best direction for the entrance of your house, or premises.

Southeast is the direction of AGNI, or fire. Your kitchen should be in this quadrant. By cooking your food in this sector, your digestive system would be good. People in the house would be healthy. There would be harmony in the house. This is also the best area for keeping electrical appliances, machineries, electric boards etc. This is the quadrant of heat and electricity.

Southwest is the direction of YAMA, the God of death. This is the area of all the negative energies. The area of waste, death, losses, impediments, grief, etc. Astrologically, southwest is the direction of the great dark negative Planet – Rahu (North node) thus this sector is always generally bad. There should be no openings in this direction.

This sector should be blocked with cupboards racks, and such other heavy weights. The toilets are best in this direction. You can also have storerooms or dumping place in this direction. You should never pray in this quadrant, or facing the southwest. Prayers should always be done facing east or northeast. Also the quadrant for your altar should be northeast. This is where the spiritual energies prevail. South west is considered to be inauspicious for prayers.

There are many other points in Vaastu Shastra, like the north east quadrant should have a lower ground slope, and the southwest should be higher. And that your overhead water tanks should be on the southwest quadrant of your house or building. But practically, we may not be able to adhere to all the Vaastu requirements. Most of us live in houses or apartments, which are predesigned, and with little or no scope for alterations. But whenever you have the opportunity, choose your premises as per Vaastu, to get maximum beneficial results. More and more people are becoming aware of this science. In the western countries, it is popularly known as Feng Shui , which really is the Chinese version of Vaastu Sastra.

If you are faced with a southwest entrance house, then fix a mirror of about 2 feet x 3 feet at your entrance on the inner side. This is one way to reflect back all the negative energies coming in. Within your house, keep a pitcher of water or an aquarium in the northeast. Keep your money in the northwest quadrant of your house. Never have your kitchen in the northeast. This is because northeast is the quadrant of the peace and happiness, the calm, the spiritual being. Burning a fire here would mean destroying all these elements. That's why water is best here, to keep these positive energies flowing.

Keep the doors and windows in the northeast sector open as much as possible. Keep all doors and openings in the southwest quadrant closed as much as possible. If the only opening is in the southwest, then apart from the mirror, keep Rudraksha beads in the house. Keep a Rahu Yantra at the front wall of the entrance of your house. Light incense everyday in the house and pray.

These procedures and remedies will minimize the negative vibrations of the house, thereby bringing some peace and harmony in the otherwise disturbed life.

Here again, I would like to point out that there are some exceptions as far as the direction of the entrance is concerned. Your birth horoscope will show which direction is most favourable for you. It may be possible that a south entrance is favourable to some, while it may cause death in someone else's case. People with a strong and positive Saturn may be advised to have a west entrance. However, I feel Southwest should be left alone in all cases because it is definitely unfavourable. No prosperity or wealth can accumulate here.

Many people today, are blindly buying books on Feng Shui and Vaastu or other metaphysical sciences and are applying the contents to their practical lives. But I would like to advise the readers that for every individual, there may be different positive and negative planets and energies created by them. Therefore, please do not follow fixed rules. They may harm you, rather than help you. You do not start taking any medicines by reading a few books. You have to consult a doctor, who can give you the best advice basis your symptoms. Similarly, it is advisable to consult some astrologer before you start making any Vaastu changes. If we were to follow the fixed rules, then on a street where shops are on both sides across the road, those with Northeast entrance would be millionaires, and those across the road with Southwest entrance would be paupers! Therefore one must apply some logic here. If Southwest were bad for all, then half the world would be empty!

After years of extensive studies and research on many metaphysical sciences and astral studies, I have come to the conclusion that over and above all, is your karma and destiny, which is embedded in the womb of time and space and is generally unalterable.

The ancient saints and sages gave us many remedial measures to overcome certain difficulties in our lives. But the most important message is missed out, which is - prayers and redeeming our lives by living righteously in accordance with Dharmic principles.

The science of Vaastu has to be applied on basis of astrological principles, and in accordance with the planetary positions of your birth horoscope. Only then, you would benefit from this science.

The sages described these ancient sciences in Sanskrit language, in poetry or in parables and left some subtle messages in between. The wise men picked up the main message and the hidden secrets. Others merely translated and copied them without understanding them.

You can't do language comprehension without knowing grammar. Therefore only a thorough knowledge of astrology could give the correct Vaastu advice.

For those who want to get their premises checked for Vaastu Energies may contact us at 410-412-6604 for scheduling the arrangement with Priest Ambrish Trivedi.